## Lawson Craddock Youth Cycling League

## **Annual Junior Track Cycling League!**

Alkek Velodrome, Cullen Park, 19008 Saums Road, Houston TX 77084 www.alkekvelodrome.com



**Entry Fee: FREE!** 

Week 1: June 14th-16th Week 2: June 21st-23rd Week 3: June 28th-30th Week 4: July 5th-7th

Time: Mon-Weds 9am to 11:30am

Thursday will be used should other days be rained out.

**Registration:** Online at <a href="https://www.alkekvelodrome.com/juniors">www.alkekvelodrome.com/juniors</a>

**Coaching:** Coaching will be led by Carl Jones who will be supported by experienced Adult and Junior Track Riders.

**Awards:** Racers will compete to win a track bike just like Lawson did with finals held in early July.

**Rental Bike:** Rental bikes will be provided for use at the YCL sessions.



Additional Information: The maximum class size is 25. Bring cycling or tennis shoes, a helmet & a smile!



## **Prerequisites:**

- **1)** Riders must complete a waiver, and will need a parent or guardian signature.
- **2)** Participants must be aged 10-16yrs, exceptions may be made for younger riders at the discretion of the coach.
- **3)** While racing experience is not necessary all participants must be able to ride a bicycle unassisted to a reasonable standard and follow instruction. This is NOT a learn to ride class, this class IS to help riders gain confidence, honing skills and track racing.



**Contact Information:** 

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